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**Abstract: The research on Historical Self and Cultural Identity through the Itinerant Seminar “L’Immaginario Simbolico”**

A part of our *Self is historical*, in fact it has its roots in the *collective* unconscious linked to the cultural matrixes and whose foundation is related to the places and to their original “*imagos*”, *rites*, *myths*, over that to the *historical events* that have characterized the local *polis*. Every culture transmits from generation into generation the folkloric productions, the myths, the symbols, the archaeological finds, the inscriptions, the epigraphs and all that can contribute to recover its ethnic-anthropological matrixes. This research bases on two fundamental axioms:

- a) what has a symbolic value transcends the reality and the literal meaning to assume a dark sense but universally meaningful since it stimulates a continuous impulse to the interpretation;
- b) different cultures can find new points of meet through a common study and an analysis of myths, symbols, “*imagos*” on which the *cultural matrixes of the Historical Self* are founded.

Our original model, created in 1995, develops a group psycho-anthropological itinerary realized directly (we say: *on the stones by the stones*) in places that testify the cultural matrixes; all that creates a short-circuit between *historical collective unconscious* and *contemporary collective unconscious*, so producing a sort of *time machine* effect.

The original formula of “*L’IMMAGINARIO SIMBOLICO*” bases on: a) a *series of daily seminars in itinerant way*, whose ongoing happens directly in some places that we can consider “symbolic” of the “*cultural identity*”, *mythology*, *folklore*; b) *psycho-anthropological elaboration in a group context*, with a *experiential “working in progress”* development; c) *no prearranged thematic* for leaving space to free associations and to the “*imaginal*” world, following the suggestion of the places where the seminars happen; d) *a particular model of conduction: multiple*, by chairpersons of various geographical origin and cultural belonging, and very *soft*, that is *not-directive*.

Among the purposes of the *Itinerant Seminar “L’IMMAGINARIO SIMBOLICO”* there is also the intent to experiment models useful to develop a group dimension rich in *soul*. For this reason it has established more and more connections, over that with the dynamic psychology and the psycho-anthropology, also with the world of the *Muses* and with those group-techniques that use art, bodily expression and creative expression, the world of the colors and the contact with the aromatic gifts of nature.