

## DANIELA ROSSETTI

The 'Melting' process. In search of Self-Identity: a clinical case.

The clinical case we will present focuses on the topic of trauma and self-identity. We report the psychological rehabilitation of a woman after a self-destructive act (self-defenestration). The rehabilitation ran parallel to the physiotherapeutic rehabilitation in a Medical Centre of Excellence. During the anamnesis, the patient reported the death of the mother at a premature age, and a bipolar disorder was diagnosed. We will point out – from the point of view of the attachment theory – the psychic process which can work when a child, in a latency age, is being facing the mourning of a “Significative Other”, without a Ego enough structured. We will report the “melting” process through which the patient accomplished his rehabilitation. This took place in a health center which worked like a “replacing mother-ambient”, namely a context where the patient could evoke the past trauma and elaborate the corresponding “frozen” emotions.